



**POSITION TITLE: Individual and Family Therapist – Relief**

**LOCATION: 40 Orchard View Blvd and 65 Wellesley St.**

**POSITION TYPE: Relief - variable hours**

**POSTING CLOSING DATE: June 29, 2019**

Skylark is looking for a dynamic therapist to join our Counselling Team. We offer a range of individual, family and group counselling services to youth between 12 and 21 years of age and their families; an Intensive Child and Family Service, supporting young people from birth to 18; and, various mental-health walk-in programs, serving children, youth and young adults from birth to age 26. Therapists address a range of mental health issues, including emotional, behavioral and/or psychiatric symptoms that may be impacting one's functioning at home, school, socially or in the community, as well as situational challenges including family conflict, bullying, trauma, substance use, struggles with psychiatric diagnoses, etc. Intervention strategies are determined following a thorough intake and assessment. This position provides individual and/or family therapy services at Skylark's walk-in counselling locations on an on-call basis.

**Experience with/lived experience of oppression, racism, homophobia, transphobia and/or ableism and/or personal connection to queer or trans communities of color, including newcomer and disability communities will be an asset for applicants.**

**KEY RESPONSIBILITIES:**

- Provide immediate, single-session counselling using a Brief-Solution Focused and/or Narrative Therapy approach for youth and their families
- Advocate for youth and families (when necessary), ensuring access to necessary programs and services within the community
- Engage parents, other family members and/or community supports, when appropriate.
- Complete single-session clinical reports and other documentation and activities according to agency requirements and standards
- Comply with agency policies and procedures, paying particular attention to ensuring that client and staff confidentiality is strictly enforced
- Adhere to the organizational health and safety policies and practices along with the Ontario Occupational Health and Safety Act. This includes but is not limited to ensuring safe workplace practices, protecting the health and safety of themselves and others and maintaining cleanliness in the workplace.

**QUALIFICATIONS:**

- M.S.W. or equivalent in a related field
- Membership in good standing within the appropriate related professional regulatory body
- Experience with Brief-Solution Focused, Narrative, CBT and/or DBT modalities
- Experience working with youth experiencing mental health issues, self-harm, trauma, eating disorders, substance use, learning disabilities, suicidal thoughts etc.

**SKILLS/KNOWLEDGE:**

- Ability to demonstrate and work through a lens of sensitivity to diversity related to race, religion, culture, cognitive functioning, poverty, sexual orientation and gender identity, etc.
- Exceptional interpersonal skills; ability to work in a multi-disciplinary environment exercising professional judgement in conflictual and stressful situations
- Willingness to learn about single session therapies.

**ADDITIONAL REQUIREMENTS:**

- Satisfactory clearance under the Vulnerable Sector Check program
- After hours and weekend work may be scheduled.

**TO APPLY:**

**Interested applicants are invited to submit both their cover letter and resume in only PDF or Microsoft word format to Amanda Pearse, at [hiring@skylarkyouth.org](mailto: hiring@skylarkyouth.org) on or before June 29, 2019.**

Please refrain from pasting the cover letter to the body of the email.

**Please quote: Individual & Family Therapist – Relief**, in the subject line.

**Skylark is strongly committed to a workforce that reflects the diversity of the populations we serve. We encourage applications from all qualified individuals including applicants from all cultures, racialized communities, abilities, diverse sexual and gender identities and others who may contribute to the further diversification of ideas. We are committed to a selection process and work environment that is inclusive and barrier free.**

We ask applicants to make any accommodation requests for the interview or selection process known in advance by contacting the Human Resources Department at (416) 482-0081 ext.278. Human Resources will work together with the hiring committee to arrange reasonable and appropriate accommodation for the selection process which will enable you to be assessed in a fair and equitable manner.