



**POSITION TITLE: Individual and Family Therapist – Residential**

**LOCATION: RK House (Toronto, Annex area)**

**POSITION TYPE: Part-time regular (22.5 hours/week)**

**POSTING CLOSING DATE: June 27, 2019**

This position works in partnership with the residential team to assess youth for residential treatment; develop, coordinate and implement treatment plans; provide individual, family, group therapy as needed. The therapist provides overall clinical input to staff regarding clinical interventions treatment for residents and their families in accordance with regulatory requirements, Skylark's bylaws and the mission and objectives of Skylark.

**KEY RESPONSIBILITIES:**

- Coordinates intakes including assessments for all youth admitted to residence and develops the initial treatment recommendations in collaboration with the Residential Manager and team;
- Develops an individual plan identifying desired goals and outcomes for each resident in collaboration with youth, their family where appropriate, residential team and other relevant service providers.
- Facilitates therapeutic group meetings;
- Provides therapeutic counselling using a range of Evidence-Based and/or Evidence-informed Practices (including but not limited to CBT, TF-CBT, Collaborative Problem Solving; Narrative Therapy, Motivational Interviewing, Systemic Family Therapy, Psychodynamic Therapy) and provides psycho-education related to the presenting concerns as needed;
- Acts as key coordinator of ongoing treatment; referring youth and families to additional resources, where appropriate and attending all necessary internal/external clinical meetings including school based meetings, therapists, psychiatrists, medical, child welfare, and other outside providers, etc.
- Provides clinical guidance to residential staff and supports their use of evidenced informed modalities;
- Takes a lead in ensuring that all youth are involved in an appropriate educational/vocational program; attends school based meetings as needed;
- Provides input on an ongoing basis to the Residential Manager and the Director of Intensive Services regarding clinical issues;
- Develops proactive transition plans for discharge from residence, engaging appropriate services/supports; provision of follow –up services/supports to youth and their families;
- Where appropriate for the program, facilitates “Wednesday group”
- Participates in the rotating scheduled on-call duty;
- Completes all required program paperwork and data entry e.g. CYCIS in compliance with program and agency policies and timeline;
- Complies with all policies and procedures established by Skylark Children, Youth & Families and the Ministry regarding residential licensing requirements, legislation related to employment such as the Occupational Health & Safety Act , Employment Standards, Ontario Human Rights and regulations, standards and guidelines relative to youth in care;
- Adheres to the organizational health and safety policies and practices long with the Ontario Occupational Health and Safety Act. This includes but is not limited to ensuring safe workplace practices, protecting the health and safety of themselves and others and maintaining cleanliness in the workplace;

## **QUALIFICATIONS:**

- Masters of social work or Masters of Counselling Psychology or equivalent combination of education and experience;
- 3 years of related professional experience;
- Membership in good standing within the appropriate related professional regulatory body;
- Experience with evidence-based and/or evidence-informed treatment modalities including but not limited to, Narrative Therapy, Cognitive Behaviour Therapy, Motivational Interviewing, Family Therapy, Systemic Family Therapy, Psychodynamic Therapy, Trauma-informed therapy and Dialectical Behaviour Therapy;
- Experience working with youth struggling with depression, anxiety, strained social relationships eating disorders, self-injurious behavior, trauma, psychiatric diagnoses, difficult family dynamics, learning disabilities etc.
- Experience with/lived experience of oppression, racism, homophobia, transphobia and/or ableism and/or personal connection to queer or trans communities of color, including newcomer and disability communities;
- Computer and social media Literacy.

## **SKILLS & KNOWLEDGE:**

- Knowledge of community and agency programs including transitional age youth and adult services;
- Knowledge of the education system including alternative school settings;
- Knowledge of all pertinent legislation;
- Demonstrated sound judgement related to the development of collaborative approaches working with youth and their families; including high risk circumstances and safety planning;
- Ability to work with and integrate knowledge from other professional staff, i.e. psychologists, psychiatrists, etc.
- Knowledge of and experience working with youth with eating disorders, self- injurious behaviour, trauma, mental health diagnoses, substance use, learning disabilities., etc.
- Sound knowledge of evidence-informed and/or evidence-based treatment modalities including but not limited to Narrative Therapy; Collaborative Problem Solving; and Cognitive Behaviour Therapy;
- Sound knowledge and understanding of adolescent development and competency based philosophy of service provision;
- Ability to demonstrate and work through a lens of sensitivity to diversity related to race, religion, culture, cognitive functioning, poverty, sexual orientation and gender identity, etc.
- Exceptional interpersonal skills; ability to work in a multidisciplinary environment exercising professional judgement in conflictual and stressful situations;
- Sound writing skills with a strong record in completing documentation properly and in a timely manner.

## **ADDITIONAL REQUIREMENTS:**

- Satisfactory clearance under the Vulnerable Sector Check program;
- Attendance at other Skylark locations for meetings or training;
- Medical clearance with Skylark Children, Youth & Families policy on pre-employment medicals;
- Available to work flexible hours in order to meet the demands of direct service requirements including on-call responsibilities.

## **TO APPLY:**

**Interested applicants are invited to submit both their cover letter and resume in only PDF or Microsoft word format to Karen Jackson, at [hiring@skylarkyouth.org](mailto:hiring@skylarkyouth.org) on or before June 27, 2019.**

Please refrain from pasting the cover letter to the body of the email.

**Please quote: Individual & Family Therapist – Residential,** in the subject line.

**Skylark is strongly committed to a workforce that reflects the diversity of the populations we serve. We encourage applications from all qualified individuals including applicants from all cultures, racialized communities, abilities, diverse sexual and gender identities and others who may contribute to the further diversification of ideas. We are committed to a selection process and work environment that is inclusive and barrier free.**

We ask applicants to make any accommodation requests for the interview or selection process known in advance by contacting the Human Resources Department at (416) 482-0081 ext.278. Human Resources will work together with the hiring committee to arrange reasonable and appropriate accommodation for the selection process which will enable you to be assessed in a fair and equitable manner.