



POSITION TITLE: Individual & Family Therapist – MLSE LaunchPad

LOCATION: MLSE LaunchPad 259 Jarvis St. Toronto

POSITION TYPE: One year contract, full-time (37.5 hours/week)

POSTING CLOSING DATE: June 21, 2019

Skylark is looking for a dynamic individual and family therapist to join our Counselling Team within the MLSE Launchpad program. The MLSE LaunchPad team offers a range of individual, family and group counselling services to youth between 6 and 29 and their families. Therapists address a range of mental health issues, including emotional, behavioral and/or psychiatric symptoms that may be impacting one's functioning at home, school, socially or in the community, as well as situational challenges including family conflict, bullying, trauma, substance use, struggles with psychiatric diagnoses, etc. Intervention strategies are determined following a thorough intake and assessment.

Experience with/lived experience of oppression, racism, homophobia, transphobia and/or ableism and/or personal connection to queer or trans communities of color, including newcomer and disability communities will be an asset for applicants.

KEY RESPONSIBILITIES:

- Formulate treatment plans and provide therapeutic counselling using a range of Evidence-Based and/or Evidence-informed Practices (including Narrative Therapy, CBT, TF-CBT, Motivational Interviewing, etc. and provision of psycho- Education as needed)
- Meeting with youth and families in their home, school or community as might be required
- Provide immediate, single-session counselling using a Brief-Solution Focused and/or Narrative Therapy approach for youth and their families in the MLSE LaunchPad Drop-in counselling program.
- Provide stepped care including brief and ongoing counselling as determined by need and youth and family interest
- Advocate for youth and families (when necessary), ensuring access to necessary programs and services within the community
- Engage parents whenever possible and other family members and/or community supports, when appropriate
- Become an active member of the MLSE LaunchPad community
- Complete all clinical reports and other documentation and activities according to agency requirements and standards
- Comply with agency policies and procedures, paying particular attention to ensuring that client and staff confidentiality is strictly enforced
- Adhere to the organizational health and safety policies and practices long with the Ontario Occupational Health and Safety Act. This includes but is not limited to ensuring safe workplace practices, protecting the health and safety of themselves and others and maintaining cleanliness in the workplace.
- Other related duties as assigned.

CRITICAL SKILLS, KNOWLEDGE & COMPETENCIES:

- Sound knowledge of evidenced informed treatment modalities including but not limited to, Narrative Therapy, Cognitive Behaviour Therapy, Motivational Interviewing, Solution Focused Brief Therapy, Trauma-informed therapy, Attachment-based therapy, and Dialectical Behaviour Therapy.
- Sound knowledge and understanding of child and adolescent development
- Knowledge of community and agency programs including transitional age youth and adult services.
- Demonstrated sound judgement related to the development of collaborative approaches working with youth and their families; including high risk circumstances and safety planning
- Ability to work with and integrate knowledge from other professional staff, i.e. psychologists, psychiatrists, etc.

- Ability to demonstrate and work through a lens of sensitivity to diversity related to race, religion, culture, cognitive functioning, poverty, sexual orientation and gender identity, etc.
- Sound knowledge of anti-oppressive practices and ability to implement them in work with children, youth and families
- Exceptional interpersonal skills; ability to work in a multi-disciplinary environment, exercising professional judgement in conflictual and stressful situations.
- Sound writing skills with a strong record in completing documentation properly and in a timely manner.
- Excellent organizational and administrative skills.
- Proficiency with computer skills, including Microsoft Office, client data-base (CYSIS) and social media literacy.
- Participation in quality assurance, evaluation and research activities, as required.
- Ability to identify clinical learning needs and seek consultation and support through supervision.

RELATIONSHIPS AND CONTACTS:

- Organizational Relationships: Peers, staff, volunteers, students, members of the management team
- Clients: Families, parents/guardians, children and youth from diverse cultural and ethnic backgrounds accessing clinical services
- Partnership Relationships: MLSE LaunchPad Staff and other MLSE LaunchPad partner organizations and staff
- External Relationships: mental health agencies and related community organizations

QUALIFICATIONS:

- Masters of social work or Masters of Counselling Psychology
- Registered (or eligible for registration) with relevant professional body
- Minimum 2 years of professional experience or equivalent combination of education and experience.
- Thorough knowledge of the principle techniques and methods of individual/family therapy and treatment techniques with ability to apply them as needed
- Proven group facilitation skills, preferably utilizing Evidence Based Practices
- Proven assessment and advocacy skills
- Suicide risk assessment and intervention skills
- Ability to develop collaborative working relationships with other staff ability to connect and build rapport with adolescents
- Ability to work with and integrate knowledge from other professional staff, i.e. psychologists, psychiatrists, into the overall treatment plan
- Experience working with youth struggling with depression, anxiety, strained social relationships eating disorders, self-injurious behavior, trauma, psychiatric diagnoses, difficult family dynamics, learning disabilities etc.

POLICE CLEARANCE:

Satisfactory clearance under the Vulnerable Sector Check program.

TO APPLY:

Interested applicants are invited to submit both their cover letter and resume in only PDF or Microsoft word format to Shawnette Thompson at hiring@skylarkyouth.org on or before June 21, 2019.

Please refrain from pasting the cover letter to the body of the email.

Please quote: Individual & Family Therapist – MLSE LaunchPad, in the subject line.

Skylark is strongly committed to a workforce that reflects the diversity of the populations we serve. We encourage applications from all qualified individuals including applicants from all cultures, racialized communities, abilities, diverse sexual and gender identities and others who may contribute to the further diversification of ideas. We are committed to a selection process and work environment that is inclusive and barrier free.

We ask applicants to make any accommodation requests for the interview or selection process known in advance by contacting the Human Resources Department at (416) 482-0081 ext.278.

Human Resources will work together with the hiring committee to arrange reasonable and appropriate accommodation for the selection process which will enable you to be assessed in a fair and equitable manner.