



# PARENT WORKSHOPS

Come learn new and better ways to communicate with youth about drugs. We provide lots of practice and supportive feedback from expert facilitators and a chance for families to share experiences and learn from each other.

## WORKSHOPS COVER

Communication skills

Relationship building

Maintaining trust and rules

Finding accurate drug info

Staying safe

**So much more!**

**Bring Tuning In to your Community!**

Contact [info@skylarkyouth.org](mailto:info@skylarkyouth.org) or call 416-482-0081 ext.265



# PROFESSIONAL TRAINING



We specialize in training frontline staff to communicate with youth about drugs in ways that build resilience and decrease the negative effects of stigma. We can work with you to develop and deliver introductory, intermediate and/or advanced trainings that are adapted to meet your specific needs. Consultation is also available by request.

## TRAINING CAN COVER:

Stages of change

Effective drug communication

Maintaining trust and boundaries

Localized client-centred strategies

Skills practice and feedback

Youth brain development

Harm Reduction

**More options!**

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